
Press Release

NEWS

Burlington County
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2 New Probable H1N1 Flu Cases in Burlington County

The Burlington County Health Department today reported two new probable cases of H1N1 (swine influenza A) in the county according to lab test results provided by the NJ Dept. of Health and Senior Services.

The cases are siblings, a boy and girl, from Burlington County. The NJ Health Department has sent the lab samples to the Centers for Disease Control and Prevention (CDC) for further testing. Results are expected to confirm the samples for H1N1.

One of the siblings had a connection to a previously confirmed case reported last week in the county. The children are recovering at home.

“The fact that there is a connection between the cases shows how easily a flu virus can spread. Everyone can help to reduce the spread of this virus, which is commonly spread by respiratory droplets, by staying home if they are sick and covering their coughs and sneezes,” said County Health Officer Robert Gogats.

“We are working in close contact daily with the state and healthcare providers to monitor and respond to new information quickly and appropriately,” Gogats said. (more)

PRESS RELEASE, 2 NEW PROBABLE H1N1 CASES, ADD ONE, 5-6-09

Currently, there are 4 confirmed cases in Burlington County.

The County Health Department increased monitoring at the onset of this outbreak and continues to send messages to health providers, schools and municipalities.

Residents are encouraged to take the following steps to stop the spread of influenza and other respiratory illnesses:

- Stay home when you are sick to avoid spreading illness to friends and co-workers or students. If you have flu like symptoms which include fever and any other respiratory symptom including sore throat, cough, and congestion you must stay home for 7 days or until symptoms have resolved completely or which ever comes later.
- Cough or sneeze into your elbow arm joint or in a tissue and properly dispose of used tissues.
- Wash your hands thoroughly with soap and warm water or use an alcohol-based hand sanitizer to get rid of most germs and avoid touching your eyes, nose and mouth.

The symptoms of the H1N1 influenza in people are similar to the symptoms of regular seasonal influenza infection and include fever of 100.4 or more, lethargy, coughing and lack of appetite.

Testing for H1N1 is currently only available at state and federal labs. The seasonal influenza vaccine (i.e., flu shot) does not appear to protect against the H1N1 virus.

For further information about swine influenza residents can call the state hotline **866-321-9571** at or visit the CDC Web site, www.cdc.gov/h1n1flu. #